

EXTRAS

PORTION OF CHIPS	£1.85
CHIPS ON A BREAD CAKE	£2.40
GARLIC BREAD	£3.20

BOWL OF SALAD	£2.95
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Help yourself to the large selection at the carvery salad bar.

DESERTS

COLD SWEETS FROM THE TROLLEY	£3.95
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Spoil yourself with one of our delicious deserts.

ASSORTED ICE CREAM	£2.95
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Vanilla, strawberry or chocolate.

HOT SWEETS	£3.95
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Chocolate sponge, jam sponge, syrup sponge, spotted dick, lemon sponge, sticky toffee pudding, apple pie, jam roly poly.
All served with your choice of custard, cream or ice cream.

BEVERAGES

FRESHLY BREWED COFFEE & MINT	£1.50
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Served with fresh cream.

POT OF TEA FOR ONE	£1.45
SPECIAL LIQUEUR COFFEE	£3.80

À LA CARTE MEALS

PLEASE ALLOW 30-45 MINS FOR PREPARATION AND COOKING WITH ALL MEALS
HELP YOURSELF TO VEGETABLES FROM THE CARVERY

HALF OF ROAST CHICKEN	£10.50
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A half of succulent freshly roasted chicken served with garnish.

CHICKEN STROGANOFF	£12.95
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Strips of chicken breast cooked in butter and served in a sauce of onions, mushrooms, paprika, french mustard, cream white wine and brandy.

CHICKEN KIEV	£10.85
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Chicken breast stuffed with garlic and herb butter covered in breadcrumbs and shallow fried.

DUCK BREAST CREOLE	£13.95
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Pan fried duck breast coated in a smooth redcurrant, pineapple and whisky sauce.

ROAST LAMB SHANK	£10.95
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A lamb shank braised served with a rosemary and onion sauce.

CHICKEN ORIENTAL STYLE	£13.20
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Supreme of chicken stuffed with Chinese rice, coated with sweet and sour sauce and served with rice.

CHICKEN AU POIVE	£13.20
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Steamed chicken breast, filled with diced mushroom and smothered with a creamy black pepper sauce.

CHICKEN ESTRAGON	£13.20
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Steamed chicken breast coated with a cream mushroom, tarragon and white wine sauce.

CHICKEN PORTUGAISE	£13.20
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Poached chicken breast filled with diced mixed pepper and smothered in a tomato, garlic and mushroom sauce.

LAMB MINTED MEAT BALLS	£12.50
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Succulent braised minted meat balls served in a mango, mint and red onion sauce.

À LA CARTE FISH DISHES

PLEASE ALLOW 30-45 MINS FOR PREPARATION AND COOKING

SEABASS	£12.50
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Served whole, baked in a foil envelope with garlic, lemon and prawn butter.

SALMON CHAMPAGNE	£14.30
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Poached supreme of salmon coated with a champagne and tarragon sauce.

SALMON CRAVETTE	£14.30
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Scotch salmon steak poached in white wine and covered in a creamy, shrimp sauce and garnished with cucumber.

CAJUN COD	£14.30
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Oven baked cod loin, covered with a cajun crust and placed on a red pepper coulis.

GOLDEN SEAFOOD PLATTER	£11.95
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Assorted pieces of fish coated in golden breadcrumbs and served with lemon and salad.

KIDS "REAL FOOD FOR REAL PEOPLE"

ALL KIDS MEALS INCLUDE ONE VISIT TO THE CARVERY WHERE THEY CAN HELP THEMSELVES TO THE FULL RANGE OF REAL CHIPS, POTATOES, VEGETABLES AND SALADS.

From Turkey Dinosaurs to Yorkshire Pudding and Vegetables, from a Burger in a Bun to Golden Whales . . . or we can prepare a half portion of most of our specials . . . there is something to please all those little people!

BAR SUNDAY LUNCH

SERVED ALL DAY 12PM - 8PM - NO BOOKING REQUIRED
ADULTS £7.95 CHILDREN UNDER 12 £5.70

A main course Sunday lunch is served from our BAR MEAL CARVERY, offering the choice of beef, pork, turkey, chicken portion, our famous steak and kidney pie or one of our special pies, then help yourself to the wide selection of potatoes and vegetables.

RESTAURANT SUNDAY LUNCH

SERVED BETWEEN 12PM - 3PM - BOOKINGS ALWAYS REQUIRED
ADULTS £11.95 CHILDREN - UNDER 12 £8.50 UNDER 4 £5.50

A three course Sunday lunch is served every Sunday in the restaurant offering diners a choice of starter, choose from topside of beef, leg of pork, turkey breast or a quarter portion of roast chicken, freshly carved from the joint by our chef. Then help yourself to potatoes and vegetables or salad from the carvery, and to finish off, a dessert from the sweet trolley served with fresh cream.

GIFT VOUCHERS AVAILABLE . . .
PLEASE ASK AT THE BAR FOR DETAILS



THE NEW WHEATSHEAF

"REAL FOOD FOR REAL PEOPLE"

BAR MEAL MENU

We are a family run pub established over 20 years, where we believe strongly in using only the freshest locally produced quality meats and vegetables, where chips are from potatoes and not out of a bag! And that is why our motto is . . . "real food for real people"

BAR MEALS ARE SERVED

MONDAY - SATURDAY
12:00pm - 2:00pm then 5:30pm - 9:00pm
SUNDAY
12:00pm - 8:00pm

TEL. 01977 553052
FAX. 01977 519001

EMAIL. info@wheatsheaf.com
WEB. www.wheatsheaf.com

Altofts Lane, Whitwood, Castleford WF10 5QB



STARTERS

SOUP OF THE DAY £3.75
Steaming hot bowl of home made soup served with a fresh bread roll and butter.

PRAWN COCKTAIL £4.70
Select quality prawns served on a bed of shredded lettuce and topped with a Marie Rose sauce.

THAI PRAWNS £4.95
Deep fried large prawns marinated in Thai spices and dipped in light tempura batter. Served with a plum sauce.

CREAMED GARLIC MUSHROOMS £4.50
Mushrooms cooked in a cream white garlic sauce and served with a side order of toast.

BREADED MUSHROOMS £3.95
Button mushrooms encased in breadcrumbs and deep fried served with a crisp side salad and a dip of your choice.

CHICKEN WINGS £3.90
Chicken wings coated in our own special spicy sauce roasted and served with crisp side salad and choice of dip.

GARLIC BREAD £3.20

LUCIANO BREAD £3.95
Oven baked ciabatta bread topped with a tomato and garlic concasse, mozzarella and cheddar cheese then grilled until golden brown.

MAIN MEALS

We don't mislead you with cheap prices then charge you extra for side order, with all MAIN MEALS you can help yourself to the wide range of potatoes, vegetables and salad from the carvery. (Please note only one visit to the carvery per person per meal)

Please note that due to our carvery system some items may sell out between you ordering them and collecting them from the carvery, sorry for any inconvenience this may cause.

SPECIALS (CHANGED DAILY) - SEE BLACK BOARD £6.95

Our daily specials are prepared fresh every day, choose any one of the large selection of today's specials, all inclusive of the full selection of fresh potatoes, vegetables and salad from the carvery.

STEAK & KIDNEY PIE £6.95
Why not try our locally famous steak and kidney pie, tender steak and kidney cooked in a rich gravy, topped with short crust pastry. All inclusive of the full selection of fresh potatoes, vegetables and salad from the carvery.

ALL SPECIALS ARE READY IMMEDIATELY AT THE CARVERY, BUT ARE SUBJECT TO AVAILABILITY.

ALL THE FOLLOWING MAIN MEALS WILL BE ISSUED WITH A TICKET NUMBER, PLEASE WAIT UNTIL YOUR NUMBER IS CALLED BEFORE GOING TO THE CARVERY.

SLICED ROAST BEEF & YORKSHIRE PUDDING £7.95
Fresh pre-sliced roast beef served with a Yorkshire pudding and gravy.

SLICED ROAST PORK DINNER £7.95
Fresh pre-sliced roast leg of pork served with apple sauce, stuffing and gravy.

SLICED ROAST TURKEY DINNER £7.95
Fresh pre-sliced roast turkey served with stuffing and gravy.

FRIED GAMMON £7.95
A thick slice of gammon, fried and served with egg or pineapple and side salad.

QUARTER OF ROAST CHICKEN £7.95
Fresh breast of chicken, served with a side salad.

CHICKEN GOUJONS £7.85
Strips of chicken coated in bread-crumbs, served with a side salad.

CHICKEN AND HAM CREPE £7.30
Pieces of chicken and ham enveloped in a pancake, covered in a cream sauce and topped with cheese.

YORKSHIRE PUDDING, STEW AND ALE £7.70
A large Yorkshire pudding filled with beef and ale stew.

SHEPHERDS PIE £7.20
Best minced lamb served in a deep dish topped with creamy mash potato.

DEEP FRIED BREADED HADDOCK £7.20
Select haddock fillet coated in bread crumbs and deep fried, served with garnish.

DEEP FRIED BATTERED HADDOCK £7.20
Haddock fillet coated in our own batter and deep fried.

SCAMPI £7.95
Deep fried whole tail breaded scampi, served with garnish and lemon.

HADDOCK MORNAY £7.40
Steamed fillet of haddock topped with a tasty cheese sauce.

HADDOCK & PRAWN ROLLS £7.20
Haddock and prawns rolled together, steamed in the oven then smothered in a creamy cheese sauce.

CHILLI £6.95
Lean minced beef in a hot chilli sauce served with rice.

CHICKEN CURRY £6.95
Pieces of prime chicken cooked in a rich medium curry sauce, served with rice.



STEAKS

PLEASE ALLOW 30-45 MINS FOR PREPARATION AND COOKING

GRILLED 12oz RUMP STEAK £12.80
Cooked to your liking and served with mushrooms, onion rings and a crisp side salad.

GRILLED 10oz SIRLOIN STEAK £13.80
Cooked to your liking and served with mushrooms, onion rings and a crisp side salad.

LARGE MIXED GRILL £15.80
Prime 6oz Sirloin steak, gammon steak, pork chop, lamb chop, liver, 2 spicy pork sausages, all grilled to perfection and served with 2 fried eggs, tomato, mushrooms, onion rings and a crisp side salad.

GRILLED 10oz FILLET STEAK £15.80
Cooked to your liking and served with mushrooms, onion rings and a crisp side salad.

SPECIAL WHEATIE STEAK £16.60
A 1lb (16oz) prime sirloin steak served with onion rings, tomato, mushrooms and garnish.

24oz 'T' BONE STEAK £17.50
Prime T Bone steak, cooked to perfection served with onion rings, tomato, mushrooms and garnish.

FRESH STEAK SAUCE £2.00
Try one of our fresh steak sauces. Diane, Pepper, Stroganoff or Stiltonaise.

VEGETARIAN

PLEASE ALLOW 30-45 MINS FOR PREPARATION AND COOKING

VEGETABLE LASAGNE £6.95
Vegetables in a tomato sauce, layered with pasta and topped with a cream sauce and cheese.

VEGETABLE STROGANOFF £7.85
A selection of vegetables cooked in a cream sauce of french mustard, paprika pepper, wine and brandy.

VEGETABLE CURRY £6.95
Selection of vegetables cooked in a medium curry sauce.

OMELETTES £6.95
Various fillings cheese, mushroom, onion, tomato, etc.

NUT CUTLET £7.95
Potato blended with vegetables and mixed nuts, then coated with golden breadcrumbs.

MUSHROOM STROGANOFF £7.95
Fresh mushrooms cooked in a mild dijon sauce with pasta, peppers, tomato and onion.

VEGETABLE CHILLI £7.95
A varied selection of fresh vegetables bound in a mild chilli sauce.

VEGETABLE & PASTA BAKE £6.95
A mixture of fresh vegetables blended with pasta and cream, topped with cheese and browned under the grill.

VEGETABLE & ALMOND CAKE £6.95
Potato based, with vegetables, almonds & coated in golden breadcrumbs.

TUNA & PASTA BAKE £7.95
Pieces of tuna & pasta, cooked in a cheese sauce with mushrooms, peppers and sweetcorn.

VEGETABLE PANCAKE £7.95
Mushroom, leeks and sweetcorn blended with a cream sauce, wrapped in a pancake, coated with a rich smoked cheese sauce.

SALADS

A FULL RANGE OF SALADS ARE AVAILABLE - BEEF, PORK, TURKEY, HAM, CHICKEN, CHEESE OR TUNA £7.95

PRAWN SALAD £8.95

You can then help yourself to the extensive range at the salad bar.

BAGUETTES

ALL BAGUETTES ARE SERVED WITH FRESH SALAD OR REAL CHIPS. SALAD ON BAGUETTE 20p EXTRA. ALL OTHER TOPPING 10p

STEAK BAGUETTE £6.95
A sirloin steak grilled with fried onions and served on a half baguette.

HADDOCK BAGUETTE £6.20
Deep fried piece of battered haddock in a half baguette, served with a side order of tartar sauce.

CHICKEN & HAM MAYO BAGUETTE £6.20
Pieces of chicken breast and ham, blended in a creamy mayonnaise dressing served on a half baguette.

CHICKEN BAGUETTE £6.20
Hot chicken breast blended with creamy mayonnaise, served on a bed of shredded lettuce in a half baguette.

CORONATION CHICKEN BAGUETTE £6.20
Diced chicken in a creamy curry mayonnaise and diced mixed pepper, served on a bed of shredded lettuce in a half baguette.

GAMMON BAGUETTE £5.95
A gammon steak, grilled and topped with a fried egg or a pineapple ring served on a half baguette.

TUNA MAYONNAISE WITH TOMATO BAGUETTE £5.95
Tuna and a hint of vinegar, chopped tomato, served on a half baguette.

SPICY SAUSAGE BAGUETTE £5.95
A large spicy pork sausage fried to perfection and served on a half baguette with fried onions.

HOT MEAT FROM THE CARVERY BAGUETTE £6.25

Your choice from beef pork or turkey - NOT AVAILABLE LUNCHTIME OR SUNDAY EVENING.

COLD FILLING BAGUETTES £5.95

(Prime beef, pork, turkey, ham, cheese or salad).

PRAWN WITH SEAFOOD DRESSING BAGUETTE £6.95

SANDWICHES

PRICES DO NOT INCLUDE CHIPS. SERVED ON WHITE OR BROWN BREAD OR A BREADCAKE HOT ROAST SANDWICHES ARE NOT AVAILABLE LUNCHTIME OR SUNDAY EVENING.

FRESH COLD SANDWICHES £3.55
Beef, turkey, pork, ham, cheese, tuna, or salad, served with a side salad.

PRAWN SANDWICH £4.50
Succulent prawns in a seafood sauce served with a side salad.

QUARTER POUND BEEF BURGER £3.95
Served in a bread bun with fried onions and side salad.

HOT ROAST TOPSIDE OF BEEF £3.95
A hot slice of roast beef carved fresh from the carvery, served with a side salad -

HOT ROAST LEG OF PORK £3.95
A hot slice of roast pork carved fresh from the carvery, served with a side salad -

HOT ROAST TURKEY BREAST £3.95
A hot slice of turkey breast carved fresh from the carvery, served with a side salad -

THE NEW WHEATSHEAF

"REAL FOOD FOR REAL PEOPLE"

Our long established fully air conditioned restaurant is open every evening Monday to Saturday, offering the same high standards of quality and service. The restaurant offers a choice of carvery, à la carte, speciality steaks and vegetarian meals. All meals are freshly prepared and you can help yourself to the wide selection of potatoes, vegetables or salad at the carvery.

Our Restaurant is open every evening Monday - Friday 7pm - 9:30pm Saturday sitting times 6.30pm, 7.30pm and 8.30pm.

Please note that children are not permitted in the restaurant on a Saturday evening.

